

# HCP APPOINTMENT DISCUSSION GUIDE

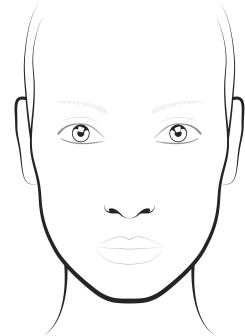
DESIGNED BY @TALONTEDLEX

Symptoms: ☐ Redness - permanent ☐ Redness - intermittent ☐ Visible veins  
☐ Burning ☐ Itching ☐ Swelling ☐ Pain ☐ Enlarged pores  
☐ Oily skin ☐ Dry skin ☐ Thickened skin ☐ Tight skin  
☐ Eye irritation Other

How long have you  
had symptoms?

☐ Years ☐ Months

Colour or shade the face  
chart on the right to show  
how your face looks  
during flare ups:



Triggers you have identified / suspect:

Emotional impact of your rosacea:

Confidence / self-esteem

Work

Intimate relationships

Social life

Hobbies

Mental health

Current skincare routine:

What you've tried already / other things to mention:

SIDE A

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## Medication:

Options

Side effects, realistic expectations

How does it fit into my routine?

Safe for longterm use?

## Laser:

Am I a good candidate? Am I eligible? Do I need a referral?

## What's next?

Next appointment date? Repeat prescription?

## Additional support:

Dermatologist referral? Therapy? Further information? Support networks?

## Notes:

**SIDE B**